

**ŽUPANIJSKO NATJECANJE U ZNANJU ENGLESKOGA JEZIKA**  
**za 8. razrede osnovnih škola**

SLUŠANJE S RAZUMIJEVANJEM
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**Good morning! This is the listening part of the county competition test, and it has two tasks – Task one and Task two. You will have time to read each task before listening to the recording. You will hear each recording twice.**

**Open your tests at page 2 and look at Task 1.**

(short pause)

**Task one**

**You will hear a recording about a reality TV show. For numbers 1 to 8, complete the sentences with the exact words from the text. Use one word only. Copy your answers on the Answer sheet. There is an example at the beginning (0).**

**You now have 30 seconds to go through the sentences. ...**

(30 seconds)

**Now you will hear the recording.**

(short pause)

**ON YOUR MARKS, GET SET... BAKE!**

This has been the opening line of a famous reality tv show. The Great British Bake Off is the ultimate baking battle where passionate amateur baking fans compete to be crowned the UK's Best Amateur Baker. Over the course of 10 hour-long episodes, the series follows the trials and tribulations of the competitors, young and old, from every background and every corner of Britain, as they attempt to prove their baking excellence. Each week the bakers tackle a different baking skill. Their baking tasks become progressively more difficult as the competition unfolds.

There are several parts of the show, the so-called challenges – the signature bake, the technical bake and the showstopper bake. According to the contestants the most difficult one is the technical bake.

The bakers get a basic recipe, but very often the instructions are quite limited. The finished product will be the result of their own technical knowledge and experience, or lack of.

The most famous judge is Paul Hollywood, who is one of the UK's leading artisan bakers. The son of a baker, Paul originally trained as a sculptor until his father persuaded him to change careers.

By combining his love of sculpting and baking, Paul established himself as an innovator and worked in some of the most prestigious hotels in the world as the head baker.

*(adapted from <https://thegreatbritishbakeoff.co.uk/about-the-show/>)*

[Count silently to 5 and then say the following:]

**You will now hear the recording again.**

(after the second recording say)

**Now you have 1 minute to copy your answers on the Answer Sheet.**

(60 seconds pause)

**This is the end of Task one.**

(short pause)

**Now turn to Task 2**

(short pause)

**You will hear a recording called 'Teenagers in the gym'. For numbers 1-7 decide whether the statements are true or false. Write T for true and F for false. There is an example at the beginning (0). Copy your answers on the Answer Sheet.**

**You now have 30 seconds to go through the statements. ...**

(30 seconds)

**Now you will hear the recording**

(short pause)

Our body is a fine machine that keeps us going in all situations. It doesn't matter if you are young or old, your body needs to be appreciated and taken care of. However, when it comes to teenage population, several things need to be taken into account. How you work out and where you work out can make all the difference as not all physical activity is advisable for teenagers.

It has become popular for teenagers to hit the gym these days in order to use the equipment such as dumbbells, rods and various types of machines that, if not used carefully, can cause many unwanted problems and even serious health issues. So when can teenagers start going to the gym? It is recommended to start lifting weights once they've turned 18 since muscles are then considered mature enough to take the pressure. It is, however, not rare that many teenagers, as young as 14, start hitting the gym to look sharp. This harms their health and body in many ways. Their muscles are prone to experience fatigue at that age, causing them to become unfit for other daily chores, schoolwork and family time. In addition, many 14-year-olds are not aware of proper nutrition that is demanded by weight lifting. Due to inappropriate diet, teenagers are facing possible future health problems and risking serious long-term injuries. Food should, therefore, be considered a type of fuel for exercise. Much like a personal vehicle that will break down in case it lacks fuel, a human body cannot fully function without proper nutrition.

All things considered, it is probably best to avoid the gym if you are 14, but if you can not resist it, try to get professional guidance, and always bear in mind that there are other ways to purposefully use the gym, such as just stretching on a mat or running on a treadmill.

[Count silently to 5 and then say the following:]

**You will now hear the recording again.**

(after the second recording say)

**Now you have 30 seconds to copy your answers on the Answer Sheet.**

(30 seconds pause)

**This is the end of the listening task.**

**You may now go on to do the other parts of the test.**